

## HOMECARE

### OUR SERVICES

Integrated Healthcare Services, offers a variety of personal care services including companionship, homemaking, transportation, and bathing just to name a few. These services are provided in the comfort of one's home, regardless of where you live, be it a private residence or a senior living facility. Our goal is to provide quality care to enrich our clients' lives and to allow them to live safely and independently in the comfort of their own home. We offer a variety of payment options. For your convenience, Integrated Healthcare Services offers both hourly and packaged services.

Enrichment Programs

Bathing

Dressing

Grooming

Meal planning and preparation

Medication reminders

Light housekeeping

Laundry - Ironing

Companionship and conversation

Appointment setting and reminders

Walking assistance

Appointment escort

Range of motion exercises

Mobility assistance

Shopping - Grocery and general

Writing/correspondence

Reading

Entertainment assistance

Care of house plants

Crafts

Games/cards

Monitor diet and eating habits

Oversee home deliveries

Coordinate lawn care

Read newspapers, magazines and books

Play movies

Incidental transportation

Attend lectures, plays and concerts

Airline departure and arrival assistance

Plan visits, outings and trips

Linens changes

Vacuuming

Dry cleaning drop off and pick up

Organize/clean closets and pantries

Assist with pet care

Travel planning assistance